DOCTOR ON DEMAND Wellmark



FEELING BETTER SHOULD BE EASY.

Visit a doctor on your smartphone, tablet, or computer from virtually anywhere.

See a doctor in minutes.

Getting sick is bad enough without having to get out of bed, go to the doctor, and sit in a waiting room with other sick people. With Doctor on Demand, you and your family members can see a board-certified doctor in minutes who can treat the most common medical conditions and prescribe medication if needed 1.



Questions? Call 800-977-6196.

Get treatment for:

- Cold and flu
- Bronchitis and sinus infections
- Urinary tract infections
- Sore throats
- Allergies
- Fever
- Headache
- Pink eye
- Skin condition
- Mental health issues (including anxiety, depression, relationship issues, grief, eating disorders, smoking cessation or alcohol dependence)2



Getting Started Is Easy.

- 1. Download the Doctor on Demand app or visit DoctorOnDemand.com
- 2. Have your Wellmark member ID card ready.
- 3. Create an account or sign in.



¹ Doctor On Demand physicians do not prescribe Schedule I-IV DEA Controlled Substances and may elect not to treat or prescribe other medications based on what is clinically appropriate.)

² Services performed by psychologists are available for some plans. Psychiatry is not covered. For more information, ask your benefits administrator or call Wellmark at the number on your ID card.