

# HSA & RHS Eligible Expenses – IRS Publication 502

Expense	Eligible?
Acne treatments (over-the-counter)	✓
Acupuncture	✓
Adoption (medical expenses related to)	✓
Adoption fees	
Alcoholism treatment	✓
Allergy and sinus medicine and products (over-the-counter)	✓ RX
Allergy medication	✓ RX
Allergy treatments and products	✓ LETTER
Alternative dietary supplements (for treatment of a medical condition)	✓ LETTER
Alternative drugs, medicines and treatment products (for treatment of a medical condition)	✓ LETTER
Alternative healers (for treatment of a medical condition)	✓ LETTER
Ambulance and emergency health services	✓
Anesthesia (for noncosmetic purposes)	✓ RX
Antacid (over-the-counter)	✓ RX
Antibiotic ointment (over-the-counter)	✓ RX
Aspirin or other pain reliever (over-the-counter)	✓ RX
Asthma medicines or treatments (over-the-counter)	✓ RX
Athletic treatments/braces	✓
Bandages and related items (over-the-counter)	✓
COBRA premiums (dental; paid with after-tax dollars only)*	✓
COBRA premiums (medical; paid with after-tax dollars only)*	✓
COBRA premiums (other; paid with after-tax dollars only)*	✓

Expense	Eligible?
COBRA premiums (prescription; paid with after-tax dollars only)*	✓
COBRA premiums (vision; paid with after-tax dollars only)*	✓
Co-insurance (dental)	✓
Co-insurance (medical)	✓
Co-insurance (prescription)	✓
Co-insurance (vision)	✓
Cold and flu medicine (over-the-counter)	✓ RX
Cold and flu prevention (over-the-counter)	✓ RX
Cold cream (over-the-counter)	
Compression or anti-embolism socks, stockings or hose	✓ LETTER
Concierge medical fees (billed for actual services received)	✓
Concierge medical fees (billed for future availability of services, with no services actually received)	
Contraceptives (over-the-counter)	✓
Contraceptives (prescription)	✓
Copayment (dental)	✓
Copayment (medical)	✓
Copayment (prescription)	✓
Copayment (vision)	✓
Cord blood storage (for future treatment of a birth defect or known medical condition)	✓ LETTER
Cord blood storage (for unidentified future use)	
Corn and callus remover (over-the-counter)	✓ RX
Corneal keratotomy	✓
Cosmetic procedures or surgery	
Cosmetic procedures or surgery for birth defects, accidents, and/or disease	✓ LETTER
Cough drops and sore throat lozenges (over-the-counter)	✓ RX

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Expense	Eligible?
Cough syrup (over-the-counter)	✓ RX
Counseling (for treatment of a medical condition)	✓
Counseling (marriage)	
CPR classes (adult or child)	
Crutches, canes, walkers or like equipment (purchase or rental)	✓
Dancing lessons (for treatment of a medical condition)	✓ LETTER
Deductible for dental plan	✓
Deductible for prescription plan	✓
Deductible for vision plan	✓
Dental care (for non-cosmetic purposes, including sealants)	✓
Dental insurance/plan premiums (paid with after-tax dollars only)	
Dental products for general health	
Dental reconstruction (including implants)	✓
Dental veneers	✓ LETTER
Dental, oral, and teething pain products (over-the-counter)	✓ RX
Dentures, bridges, etc.	✓
Dermatology treatments and products	✓ LETTER
Diabetic monitors, test kits, strips and supplies	✓
Diagnostic services (dental or vision)	✓
Diagnostic services (other than dental or vision)	✓
Diaper rash ointments and creams (over-the-counter)	✓ RX
Diapers and diaper services	
Dietary supplements (for treatment of a medical condition)	✓ LETTER
Doula or birthing coach	✓ LETTER
Drug addiction treatment	✓
Drugs (imported)	
Drugs & medicines (over-the-counter)	

Expense	Eligible?
Dyslexia treatment	✓ LETTER
Ear drops and wax removal (over-the-counter)	✓ RX
Electrolysis	
Emergency kits (over-the-counter)	
Exercise equipment or program (as treatment for a medical condition diagnosed by a licensed healthcare professional)	✓ LETTER
Eye drops and treatments (over-the-counter)	✓ RX
Eye examinations	✓
Eye related equipment/materials	✓
Eye surgery or treatment to correct vision	✓
Eyeglasses (over-the-counter)	✓
Eyeglasses (prescription)	✓
Face lifts	
Feminine hygiene products	
Fertility monitor (over-the-counter)	✓
Fertility treatment (for employee, spouse or dependent)	✓ LETTER
Fertility treatment (for non-dependent surrogate)	
First aid kits (over-the-counter)	✓
Fitness programs (as treatment for a medical condition diagnosed by a licensed healthcare professional)	✓ LETTER
Flu shots	✓
Funeral expenses	
Gastrointestinal medication (over-the-counter)	✓ RX
Guide dog (dog, training, care)	✓
Hair regrowth products	✓ LETTER
Hair removal	
Hair transplant	
Hair treatments	✓ LETTER
Hand lotion (over-the-counter)	

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Expense	Eligible?
Health club dues (as treatment for a medical condition diagnosed by a licensed healthcare professional)	✓ LETTER
Health & medical insurance/plan premiums (paid with after-tax dollars only) <i>You cannot include premiums that were paid and for which you are claiming a credit or deduction.</i>	
Health Savings Account (HSA) contributions	
Hearing aids and batteries	✓
Herbal or homeopathic medicines (over-the-counter)	✓ LETTER
Home improvements (as required for a medical condition diagnosed by a licensed healthcare professional)	✓ LETTER
Hospital (fixed indemnity, \$x per day) insurance premiums	
Hospital services and fees	✓
Household help	
Humidifier, air filter and supplies	✓ LETTER
Illegal surgeries or substances	
Immunizations	✓
Incontinence supplies	✓
Individual medical insurance/plan premiums <i>purchased directly or through an agent</i> (paid with after-tax dollars only)	
Individual prescription insurance/plan premiums <i>purchased directly or through an agent</i> (paid with after-tax dollars only)	
Individual vision insurance/plan premiums <i>purchased directly or through an agent</i> (paid with after-tax dollars only)	
Infertility treatment (for employee, spouse or dependent)	✓
Insulin, testing materials and supplies	✓
Insurance/plan premiums (paid with pre-tax dollars)	
Lab (medical)	✓
Laboratory fees	✓

Expense	Eligible?
Lactose intolerance medication (over-the-counter)	✓ RX
Lamaze classes (charges for mother only)	✓
Laser eye surgery	✓
Lasik	✓
Late payment fees charged by healthcare provider	
Laxatives (over-the-counter)	✓ RX
Lead-Based Paint Removal <i>To prevent a child who has or had lead poisoning from eating the paint. Must be in poor repair or within the child's reach.</i>	✓ LETTER
Learning disability treatments	✓ LETTER
Lice treatment (over-the-counter)	✓ RX
Listening therapy	
Lodging (limited to \$50 per night for patient to receive medical care and \$50 per night for one caregiver)	✓ LETTER
Long-term care premiums (up to IRS tax-free limit, see IRS Publication 502)	
Long-term care services	
Magnetic therapy (over-the-counter)	
Massage therapy (for treatment of a medical condition)	✓ LETTER
Mastectomy-related special bras	✓
Maternity clothes	
Medical abortion	✓
Medical equipment (for treatment of medical condition) and repairs	✓
Medical literature, books, pamphlets or audio	
Medical monitoring and testing devices	✓
Medical records charges	✓
Medical savings account (MSA) contributions	
Medical supplies (for treatment of a medical condition)	✓
Medicare alternative insurance/plan premiums (paid with after-tax dollars only)	**

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Expense	Eligible?
Medicare alternative insurance/plan premiums (vs. Part A & Part B, paid with after-tax dollars only)	✓ **
Medicare Part B insurance	**
Medicare supplement policy premiums	✓ **
Midwife	✓
Mileage (for travel to/from anything other than eligible care)	
Mileage (for travel to/from eligible healthcare)	✓
Modified equipment (difference in cost only)	✓ LETTER
Monitors and test kits (over-the-counter)	✓
Motion sickness medication (over-the-counter)	✓ RX
Nasal sprays	✓ RX
Nasal strips (over-the-counter)	✓ RX
No show fees charged by healthcare provider	
Nonprescription drugs and medicines (for non-cosmetic purposes)	✓ RX
Norplant insertion or removal	✓
Nursing home	
Nursing services (wages and taxes) <i>RHS includes board and meal payments.</i>	✓
Nutritional supplements (for treatment of a medical condition)	✓ LETTER
OB/GYN fees	✓
Occlusal guards to prevent teeth grinding	✓
Office visits (chiro)	✓
Office visits (dental)	✓
Office visits (medical)	✓
Office visits (psych/therapy)	✓
Office visits (vision)	✓
Operations (for non-cosmetic purposes)	✓
Operations (for vision and dental only)	✓
Optometrist/ophthalmologist fees	✓
Organ transplants (recipient and donor)	✓



Expense	Eligible?
Ortho keratotomy	✓
Orthodontia (braces and retainers)	✓
Orthopedic and surgical supports	✓
Orthopedic shoes and inserts (difference in cost only of specialized orthopedic shoe over like non-specialized shoe)	✓ LETTER
Orthotics	✓
Ovulation monitor (over-the-counter)	✓
Oxygen	✓
Parental fees (billed for actual services received; for disabled children)	✓
Parental fees (billed for future availability of services, with no services actually received; for disabled children)	
Physical exams	✓
Physical therapy	✓
Physician retainer fee (for on-call or concierge services)	
Pregnancy tests (over-the-counter)	✓
Prescription drugs (for non-cosmetic purposes)	✓
Prescription drugs for cosmetic purposes	
Psych/therapy	✓
Radial keratotomy (RK)	✓
Reading glasses (over-the-counter)	✓
Reconstructive surgery (following accident or medical procedure or condition)	✓ LETTER
Sales tax, shipping and handling fees (for any eligible expense)	✓
Sleep aids and sedatives (over-the-counter)	
Smoking cessation (programs/counseling)	✓
Smoking cessation drugs (prescription)	✓
Smoking cessation gum or patches (over-the-counter)	✓ RX
Special equipment	✓ LETTER



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Expense	Eligible?
Special foods (gluten-free, salt-free or other for treatment of a medical condition; difference in cost only)	✓ LETTER
Special school (for mental and physical disabilities)	✓ LETTER
Speech therapy	✓
Spermicidals	✓
Sterilization	✓
Student health fees for dental services (billed for actual services received)	✓
Student health fees for dental services (no services actually received; billed for future availability of services)	
Student health fees for medical services (billed for actual services received)	✓
Student health fees for medical services (no services actually received; billed for future availability of services)	
Student health fees for prescription services (no services actually received; billed for future availability of services)	
Student health fees for prescriptions (billed for actual services received)	✓
Student health fees for vision services (billed for actual services received)	✓
Student health fees for vision services (no services actually received; billed for future availability of services)	
Sunglasses (over-the-counter)	
Sunglasses (prescription)	✓
Sunscreen with SPF <15 or suntan lotion (over-the-counter)	✓ LETTER
Sunscreen with SPF 15+ and broad spectrum, sunburn creams and ointments (over-the-counter)	✓
Supplies (for treatment of a medical condition)	✓
Surgery (for non-cosmetic purposes)	✓
Swimming lessons (for treatment of a medical condition)	✓ LETTER
Teeth bleaching or whitening	

Expense	Eligible?
Toothpaste, medicated (difference in cost only of medicated toothpaste over the standard toothpaste)	✓ LETTER
Toothpaste, toothbrush, floss, etc.	
Transgender treatments/surgery	✓ LETTER
Transportation, parking and related travel expenses (essential to receive eligible care)	✓
Transportation, parking and related travel expenses, for non-eligible expenses	
Tubal ligation	✓
Tuition or educational classes (for a specific medical condition)	✓ LETTER
Urological products	✓
UV protection clothing	✓ LETTER
Vaccinations	✓
Varicose vein removal surgery (for medical care)	✓
Vasectomy	✓
Vision insurance/plan premiums (paid with after-tax dollars only)	
Vision products (over-the-counter)	✓
Vitamins (prescription)	✓ LETTER
Vitamins for general health purposes (over-the-counter)	
Walking aids (canes, walkers, crutches and related supplies)	✓
Warranties or other charges for future anticipated services (with none actually received)	
Wart removal treatments (over-the-counter)	✓ RX
Weight loss counseling	✓ LETTER
Weight loss drugs (for treatment of a medical condition)	✓ RX
Weight loss foods	

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Expense	Eligible?
Weight loss program (for treatment of a medical condition)	 LETTER
Weight loss program (to improve or maintain general health)	
Wound care (over-the-counter)	

Expense	Eligible?
X-ray fees (dental)	
X-ray fees (medical)	

\*According to COBRA rules, City of Fort Dodge employees are eligible to continue medical coverage through the City’s plan for an additional 18 months at their own expense or until they reach retirement age as defined in Iowa Code §509A.13. Employees who retire at the age of 55 may choose to use HSA monies to pay their premium for coverage through the City until they reach age 65.

\*\*At age 65, HSA monies can be used to pay for Medicare parts A, B & D and Medicare HMO premiums tax free and penalty free. Once a person enrolls in Medicare (any part), they can no longer contribute to an HSA.

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