

CITY OF FORT DODGE PARKS, RECREATION & FORESTRY

617 Central Avenue • Fort Dodge, Iowa 50501 Phone: (515) 576-7237 option 3

MEDIA RELEASE

June 2, 2020

RE: SWIM LESSONS MODIFICATIONS DURING COVID-19

In our attempt to provide opportunities for our citizens to gain essential knowledge and skills in swimming, we will be using modified rules and procedures for our swimming lessons due to the COVID-19 outbreak. In order to continue this opportunity everyone must follow the modifications outlined below. REMEMBER: If you are sick stay home, practice mindful and intentional personal etiquette when coughing or sneezing and above all wash your hands often!

Modifications

- In order to maintain social distancing while teaching close contact skills, entry <u>levels will require a guardian in</u> the water with each participant.
 - This applies to Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1
 - \circ Guardian must be at least 15 years old and comfortable in the water
 - \circ $\;$ No deep water skills will be required for guardian aided skill instruction
 - No additional spectators will be allowed into the facility
 - Ratios for an instructor to participants will remain the same.
 - Yellow 1, Yellow 2, Blue 1 1:4
 - Blue 2, Green 1, Green 2, Orange 1 and Orange 2 1:5
 - Green 2 and Orange classes will be lessons as normal and exempt from needing an in-water guardian.
 - 1 Guardian may bring student into facility for Green 2 and Orange and remain in designated area.
- We will not be using teaching aids due to difficulty of cleaning all equipment and toys.
- Highly touched zones will be sanitized between each swim lessons time
- Please come dressed for class. Showers & changing before/after lessons are not allowed restrooms are for restroom use only
- Our normal cancellation and transfer policy applies.

Session Dates & Times

- Lessons will remain the same amount of time
 - Yellow 1 & Yellow 2 30 minutes
 - Blue 1, Blue 2, Green 1, Green 2, Orange 1 and Orange 2 45 minutes
- A 6:00pm class, with limited participant availability, is being added for swim lesson levels in order to help those guardians who can't make morning lessons work for being in the water with the participant
- Parent/Child Classes will run Monday-Friday for 1 entire week
- Session 1: June 15-26 (Monday-Thursday, with Fridays as a makeup day)
 - o 10:00am Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1, Green 2 & Orange 1
 - 11:15am Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1 & Green 2
 - o 6:00pm Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1, Green 2 & Orange 1
 - 7:15pm Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1 & Orange 1

- Session 2: July 6-17 (Monday-Thursday, with Fridays as a makeup day)
 - o 10:00am Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1
 - o 11:15am Parent /Child, Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1 & Orange 2
 - o 6:00pm Parent/Child, Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1, Green 2, & Orange 2
 - o 7:15pm Yellow 1, Yellow 2, Blue 1, Blue 2, Green 1 & Green 2
- Session 3: July 27-August 7 (Monday-Thursday, with Fridays as a makeup day)
 - 10:00am Yellow 1, Yellow 2, Blue 1 & Blue 2
 - o 11:15am Parent /Child, Yellow 1, Yellow 2, Blue 1 & Blue 2
 - 6:00pm Parent/Child, Yellow 1, Yellow 2, Blue 1 & Blue 2
 - o 7:15pm Yellow 1, Yellow 2, Blue 1 & Blue 2