



CITY OF FORT DODGE PARKS, RECREATION & FORESTRY

617 Central Avenue • Fort Dodge, Iowa 50501

Phone: (515) 576-7237 option 3

MEDIA RELEASE

RE: Youth Coed 1st-6th Grade Volleyball

As we begin to plan for our Fall programs and in our attempt to provide opportunities for our citizens to gain knowledge and skills in volleyball, we will be using modified rules and procedures for our volleyball season due to the COVID-19 outbreak. In order to maintain this opportunity everyone must follow the modifications outlined below. REMEMBER: If you are sick stay home, practice mindful and intentional personal etiquette when coughing or sneezing and above all wash your hands often!

General Modifications for all Leagues/Skills Camps

- Prior to arriving to any league or skills camp, all participants, coaches, players, personnel should be screened for signs symptoms of COVID-19
 - Parent/Guardian should screen their participant prior to all meeting times—looking for and asking for signs and symptoms
 - Participants should not participate if:
 - Fever about 99.9
 - Coughing
 - Shortness of breath
 - Congestion
 - Headache
 - Chills
 - Body aches
 - Nausea/Vomiting
 - Diarrhea
- Washing/Sanitizing hands should be done often. Upon arrival, all participants will be asked to wash their hands
- No shared athletic equipment will be allowed with the exception of volleyballs
- Volleyball equipment will be sanitized between sessions and at the end of every meeting time
- Additional volleyballs will be rotated into play when needed
- Restrooms will be one in, and one out process, child may enter restroom with guardian
- Highly touched zones will be sanitized after each session
- COVID-19 Waiver must be signed in order to participate



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MEDIA RELEASE cont.

1/2nd Volleyball Skills Camp

- Individual skill development, basic fundamental practices
- Cost \$35
- Thursday evenings, September 10, 17, 24, October 1
- Locations and Times TBD
- Volunteers needed
- Registration Deadline Friday, September 4

3/4th Volleyball Skills Camp

- Individual skill development, basic fundamental practices, scrimmages
- Cost \$35
- Saturday mornings, September 12, 19, 26, October 3
- Locations and Times TBD
- Volunteers needed
- Registration Deadline Friday, September 4

5/6th Volleyball Skills Camp

- Individual skill development, basic fundamental practices, scrimmages
- Cost \$35
- Saturday mornings, September 12, 19, 26, October 3
- Locations and Times TBD
- Volunteers needed
- Registration Deadline Friday, September 4

Youth Coed Volleyball registration will begin Wednesday, July 22 through Friday, September 4. Online or by phone only. If you have account questions please email ehabben@fortdodgeiowa.org. To register by phone call 576-7237 option 3.

Disclaimer: If in the instance of modification and/or cancellation due to COVID-19, or withdraw of participation from any Fort Dodge Parks and Rec programs there will be no cash, check, or credit card refunds. All refunds will be placed on Fort Dodge Parks and Rec registration account.