



# CITY OF FORT DODGE PARKS, RECREATION & FORESTRY

617 Central Avenue • Fort Dodge, Iowa 50501  
Phone: (515) 576-7237 option 3

## MEDIA RELEASE

*RE: Youth Coed Flag Football and Youth Coed Tackle Football*

As we begin to plan for fall youth programs and in our attempts to provide opportunities for our citizens to gain knowledge and skills in football, we will be using modified rules and procedures for our football season due to the COVID-19 outbreak. In order to maintain this opportunity, everyone must follow the modifications outlined below. REMEMBER: If you are sick, stay home, practice mindful and intentional person etiquette when coughing or sneezing and above all wash your hands often!

### **General Modifications for all Leagues/Skills Camps**

- Prior to arriving to any league or skills camp, all participants, coaches, players, personnel should be screened for signs/symptoms of COVID-19
  - Parent/Guardian should screen their participant prior to all meeting times—looking for and asking for signs and symptoms
  - Participants should not participate if:
    - Fever about 99.9
    - Coughing
    - Shortness of breath
    - Congestion
    - Headache
    - Chills
    - Body aches
    - Nausea/Vomiting
    - Diarrhea
- Mouth Guards are required, and should remain in the child's mouth at all times
- Upon arrival, all participants will be asked to wash/sanitize their hands
- No shared athletic equipment will be allowed with the exception of footballs
- Football equipment will be sanitized between sessions and at the end of every meeting time
- Additional Footballs will be rotated into play when needed
- Highly touched zones will be sanitized after each session
- COVID-19 waiver must be signed in order to participate



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## MEDIA RELEASE cont.

### **PreK-Kindergarten Skills Camp                      September 8-October 6**

- Individual skill development with basic fundamental practice
- Cost                      \$35
- Tuesday evenings: September 8, 15, 22, 29, October 6
- Location and times TBD

Youth Coed Flag Football 1-4<sup>th</sup> grade, 5<sup>th</sup> Youth Padded Flag Football, and Youth Coed Tackle Football 6<sup>th</sup> Grade will be played in Phases determined by Parks and Recreation Department and City officials. The progression of phases is determined by the current state and time of COVID-19 within the Webster County area. Fort Dodge Parks and Recreation has decided to begin with a phase two approach and work up from there.

Phase 2: Skills development in groups with minimal to no contact

Phase 3: Begin incorporating flags and team practices

Phase 4: Continue incorporating team practices and begin scrimmages/games

### **1/2<sup>nd</sup> Grade Youth Flag Football                      August 17-October 3**

- Weekly skill development, team practices, and scrimmage/games
- Cost                      \$45
- Week night skills/practices TBD
- Volunteer coaches needed
- Location and times TBD
- Registration Deadline: Wednesday, August 12

### **3/4<sup>th</sup> Grade Youth Flag Football                      August 17-October 3**

- Weekly skill development, team practices, and scrimmage/games
- Cost                      \$45
- Week night skills/practices TBD
- Location and times TBD
- Volunteer coaches needed
- Registration Deadline: Wednesday, August 12

### **5<sup>th</sup> Grade Youth Padded Flag Football                      August 17-October 11                      NEW!**

- Weekly skill development, team practices, scrimmages/games
- Cost                      \$50
- Week night skills/practices TBD
- Location and times TBD
- Volunteer coaches needed
- Registration Deadline: Wednesday, August 12



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## MEDIA RELEASE cont.

### **6<sup>th</sup> Grade Youth Tackle Football      August 17-October 11      NEW!**

- Weekly skill development, team practices, scrimmages/games
- Cost                      \$50
- Week night skills/practices TBD
- Location and times TBD
- Volunteer coaches needed
- Registration Deadline: Wednesday, August 12

Youth Coed Football registration will begin Wednesday, July 22 through Wednesday, August 12. Online or by phone only. If you have account questions please email [ehabben@fortdodgeiowa.org](mailto:ehabben@fortdodgeiowa.org). To register by phone call 576-7237 option 3.

*Disclaimer: If in the instance of modification and/or cancellation due to COVID-19, or withdraw of participation from any Fort Dodge Parks and Rec programs there will be no cash, check, or credit card refunds. All refunds will be placed on Fort Dodge Parks and Rec registration account.*